Family Tarbiya Retreat 2024 – Food Menu

FRIDAY 23rd AUG	*SATURDAY 24TH AUG*	*SUNDAY 25TH AUG*	*MONDAY 26TH AUG*
BREAKFAST 8:00 – 9:00 am			
	Halal Sausage *Tomatoes* *Baked beans* *Hash browns* *Poached egg* *Toast* *Preserves* *Cereals* *Marmite* *Orange Juice*	*Halal Sausage* *Tomatoes* *Baked beans* *Hash browns* *Poached egg* *Toast* *Preserves* *Cereals* *Marmite* *Orange Juice*	*Halal Sausage* *Tomatoes* *Baked beans* *Hash browns* *Poached egg* *Toast* *Preserves* *Cereals* *Marmite* *Orange Juice*
LUNCH 12:30 – 1:30 pm			
	Wraps *Southern Fried chicken* *Sweet Potato Falafel* *Coleslaw* *Mixed Salad* *Tortilla chips & Dips* --- *Double Chocolate Cookies* *Fresh fruit*	*Jacket potatoes* *Halal Beef Chilli* *Tuna mayo* *Cheese & beans* *Coleslaw* *Pasta salad* *Mixed Salad* --- *Doughnuts* *Fresh fruit*	*PACKED LUNCH* *Sandwich* *Crisp* *Snack* *Fruit* *Juice*
DINNER 7:00 – 8:00 pm			
Chicken curry *Daal* *Naan* --- *Fresh fruit*	*Fish & Chips* *Veg Wellington* *Chips* *Garden peas/Mushy* --- *Chocolate Fudge cake* *Fresh fruit*	*Roast Chicken dinner* *Veggie Kiev* *Salmon Fillet* *New potatoes* *Mixed Veg* *Gravy* --- *Cheesecake* *Fresh fruit*	

NOTE: All food served will be Halal